

# Living with Vision Loss

## Your Home Office.

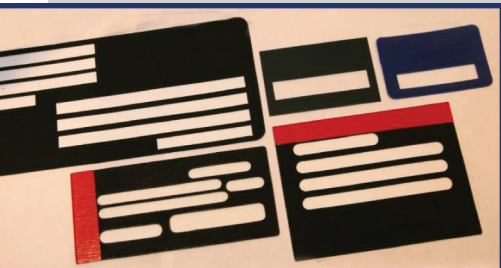
[www.VisionAware.org](http://www.VisionAware.org)

**Reading or paying bills with vision loss can be difficult. However, with just a few changes, office tasks can be made easier to do. Here are a few tips:**

- Mark all file folders with bold, large-print labels, with just the essential information on them. For example, rather than “Information for the accountant,” write “Account Info” on the label. Use a 20/20 pen; these can be found through specialty catalogs. Visit [visionaware.org/GShelpfulproducts](http://visionaware.org/GShelpfulproducts) and [visionaware.org/GSlabeling](http://visionaware.org/GSlabeling) for more information.
- To write checks, ask your bank about large-print checks or try a check writing guide, a template that will help you write on the correct lines. Other types of writing guides are also available through specialty catalogs. Visit [visionaware.org/GSguides](http://visionaware.org/GSguides) for more information.



Large File Labels



Check Writing Guide,  
Envelope Guide, Signature Guide

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- Did you know that there are large-numeral and talking clocks, calculators, telephones, rulers, and more available for people with vision loss through specialty catalogs? A checklist of specialized office products is available at [visionaware.org/GSofficeproducts](http://visionaware.org/GSofficeproducts).

## Helpful Ideas To Use Throughout Your Home:

- Keep reading everything from the morning paper to the latest bestseller by exploring large-print books, magnification tools, braille, audio texts, and more. Information about reading options can be found at [visionaware.org/GSessentialskills](http://visionaware.org/GSessentialskills).
- Use contrasting colors and textures in your home office when possible. Paint your walls and trim in contrasting colors and use outlet or switch plates that contrast with your wall color.

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- Remove low tables and small rugs, and keep walkways clear of clutter, electrical cords, toys, and other tripping hazards.
- Minimize glare by using window coverings that can be adjusted, such as blinds, and arrange furniture to avoid glare on televisions and computer monitors.
- Keep remote controls, reading glasses, and medicines in a small tray at your bedside, desk, or couch where you can easily find them. Find a place to store items like keys and always put them there.
- Ask visitors and family members to respect your household arrangements and to alert you if anything is moved.

**Find more tips at [visionaware.org/gettingstarted](https://www.visionaware.org/gettingstarted)**

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