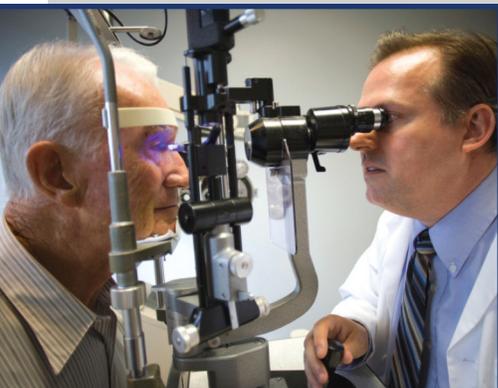


# Experiencing Vision Problems?

## Questions to Ask Your Eye Care Professional

[www.VisionAware.org](http://www.VisionAware.org)



Eye Care



Eye Chart

**Types of Eye Care Professionals:** Visit an eye care professional to assess your eye condition.

**An Ophthalmologist** is a medical (M.D.) or osteopathic (D.O.) doctor.

**An Optometrist (O.D.)** is a graduate of optometry school.

Find out more about these eye care professionals at [visionaware.org/GSeyecare](http://visionaware.org/GSeyecare).

**Low Vision Specialist:** Some optometrists and ophthalmologists specialize in low vision rehabilitation, which includes evaluating remaining vision, prescribing devices, recommending resources, and referring for specialized rehabilitation training.

Find more about low vision at [visionaware.org/GSlowvision](http://visionaware.org/GSlowvision).

**VisionAware**<sup>™</sup>

For independent living with vision loss

# Questions to Ask

## Preparing for Your Visit

Ask your doctor if you can bring a digital recorder to help you remember information.

Bring a friend or family member along to take notes, provide emotional support, and remind you about questions you want to ask.

1. What is my diagnosis, and what are the options for treatment?
2. What caused my condition, and are there foods, drugs, or activities I should avoid because of it?
3. If I have to take a medication, what should I do if I miss a dose or have a reaction?
4. What new symptoms should I watch for, and what should I do if they appear?
5. If my vision problem does not fully resolve, can you suggest a low vision specialist, services, devices, or resources to help me maintain my independence?

# Questions to Ask

If you don't understand the answers to any of your questions, ask your doctor to explain what he or she said in a different way. Find more information about making the most of your visit with your doctor at [visionaware.org/GSquestions](http://visionaware.org/GSquestions).

## **Additional Resources**

If you need financial assistance for eye care, consider the following resources:

**EyeCare America**, offered through the American Academy of Ophthalmology: 1-866-324-EYES (3937).

**VISION USA**, coordinated by the American Optometric Association: 1-800-766-4466.

**Lions Clubs International:** Check the Lions Directory at <https://directory.lionsclubs.org/> and contact your local club.

**Find more tips at [visionaware.org/gettingstarted](http://visionaware.org/gettingstarted)**

**VisionAware**<sup>™</sup>

For independent living with vision loss